



Health Assessment

The Health Assessment is a health questionnaire provide by Aetna. Login to the secure Aetna member website- www.aetna.com then click 'Stay Healthy' and then 'Stay Healthy' again. Then you will click '**Complete your Assessment**' under Health Programs. Follow the instructions to complete the assessment. Additional resources and online programs will be provided based on the results of the health assessment.

Employee Credit: 1 credit

Spouse Credit: 1 credit

Earn an additional \$50 gift card!

Health Assessment + Routine Well Adult Exam = \$50 gift card

In addition to the \$250 or \$350 Aetna Health Promise Incentive, employees and dependent spouses can earn a \$50 gift card each (\$100 family max) for completing a **Health Assessment** and completing a **Routine Well Adult Exam** with your Primary Care Physician. Both activities will be tracked automatically. Once both activities have been processed, the member will receive an email within 45 days with instructions for how to redeem the gift card.

If you do not receive the email within 45 days of when the activities are processed on Aetna.com, you can contact 877-922-4483 or support@AetnaRewards.com.